

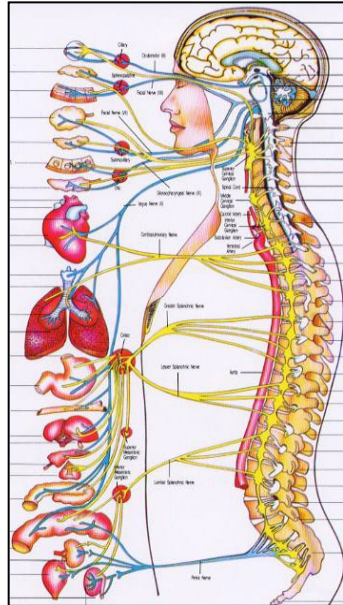
**Love and Health Chiropractic Health Questionnaire**

Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
 Address \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: \_\_\_\_\_ Age \_\_\_\_\_  
 SS# \_\_\_\_\_ Email \_\_\_\_\_  
 Occupation \_\_\_\_\_ Marital Status: M W D S Spouse/Partner Name \_\_\_\_\_  
 No# of Children \_\_\_\_\_ Name of Children \_\_\_\_\_

- Most of our patients are referred to our office by family or friends. Who can we thank for referring you? \_\_\_\_\_
- Science tells us your spine like your teeth need to be cared for regularly. When was your last spinal exam including x-rays? \_\_\_\_\_  Never  
 How often do you get adjusted by a chiropractor?  Frequently  only when you hurt  1 x monthly  never
- Over time spinal misalignments will cause arthritis and degeneration which results in grinding or cracking to be heard when you move your neck or back as well as, loss of Nerve Health. Do you hear these sounds when you move your head or neck?  Yes  No
- If your spine is out of alignment for a long time it can make you feel like you need to twist, stretch, or crack your neck or back. Do you often feel the need to crack or pop your neck or lower back?  Yes  No
- Poor posture leads to poor health and early death. How would you rate your posture? Poor 1 2 3 4 5 6 7 8 9 10 Excellent
- Stress causes your spine to misalign and accelerates spinal damage. Rate your stress level. None 1 2 3 4 5 6 7 8 9 10 Intense
- Subluxation (misalignment) of your spine will lead to health problems in your body.

Please **circle** or list any health challenges you are experiencing.

- Allergies →
- Thyroid →
- Heart Disease →
- Asthma →
- Diabetes I/II →
- Menstrual Pain →
- Digestive (Constipation, IBS) →



- ← Headaches/Migraine
- ← Neck Pain L/R
- ← Arm Pain L/R
- ← Mid Back Pain
- ← Low Back Pain
- ← Leg Pain L/R

- Anxiety
- Auto Immune Disease
- Anxiety/Depression
- Allergies: \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

- Prescription medications can cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking? (use back if necessary) 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
- Please list surgeries you have had. 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
- Do You Smoke?  Yes  No
- Spinal health is vitally important to ensure you and your baby are healthy. Are you pregnant?  Yes  No
- Improper sleeping positions cause spinal misalignment. What is your sleeping position:  Back  Stomach  R Side  L Side
- Exercise level: Never 1 2 3 4 5 6 7 8 9 10 Often Are you?  Right Handed  Left Handed
- Please list vitamins/supplements you take: \_\_\_\_\_
- Care is important to restore your health, are you committed to following the recommendations necessary to correct your problem?  Yes  No

Patient Signature (Parent/Guardian): \_\_\_\_\_ Date: \_\_\_\_\_  
 The above information is true and accurate to the best of my knowledge.